

This 2-day course is a study of the pelvic girdle complex as it relates to lumbar dysfunction and pain. During the presentation of the course, review of relevant anatomy and biomechanics will assist in treatment techniques for various types of pelvic girdle and mechanical lumbar dysfunctions.

This hands-on, lab-based course will emphasize clinical evaluation and treatment skills for the SIJ and lumbar spine that will guide the practitioner towards appropriate manual therapy techniques that can be applied immediately. A functionally based sequence of intervention is presented. Janda's theory on muscle imbalance and Greenman's theory on manual medicine is also presented. Self-correcting and family assisted correction techniques are presented along with a muscle stretching and strengthening protocol.

OBJECTIVES

The instructors bring their clinical knowledge and experience to the course members to meet the following objectives:

- To understand the anatomy and biomechanics of the pelvic girdle complex as it relates to normal function and dysfunction.
- To recognize the clinical signs of SI joint dysfunction.
- To immediately incorporate evaluation and treatment techniques into the clinician's daily practice.

PAST COURSE TESTIMONIAL

"One of the best CEU courses I have attended."

- CP, Atlanta, Georgia
2009

SI COURSE 1

DAY 1

Registration	8:00am
Anatomy Overview - Lumbo-Pelvic Complex	8:30am
Biomechanical Overview Lumbo - Pelvic Complex	9:30am
Break	10:30am
Introduction to the Evaluation Process	10:45am
Lunch / Free Time	12:00pm
Mobility Assessment - Lab	1:00pm
Break	2:30pm
Pelvic Girdle Positional Assessment - Lab	2:45pm
Conclusion of Day One	5:00pm

DAY 2

Lumbar Spine Positional Assessment - Lab	8:30am
Break	10:00am
Treatment of Lumbar Spine - Lab	10:15am
Lunch / Free Time	12:00pm
Treatment of Pelvic Girdle Dysfunction - Lab	1:00pm
Break	3:00pm
Exercise and Self-Management	3:15pm
Conclusion - Certificate Presentation	5:00pm

Note: Lab Attire Required
Warm Overclothes Recommended



Georgia, Jeff's clinical emphasis continues with orthopedic manual therapy.



Vicki Sims, PT, CHT is co-director of Gainesville Physical Therapy in Gainesville, Georgia. A graduate of Georgia State University, Vicki brings over 35 years of clinical experience in hospital and outpatient orthopedic physical therapy. Vicki is active in research and has co-authored three clinical papers on the SI Joint and authored a Sacroiliac Book. She attends surgery with an orthopedic surgeon to align the SI joint before surgical intervention.

GENERAL INFORMATION

Registration: \$399.00
 Course Length: 2 days
 Hours: 14 hours/1.4 CEU
 Web: www.sidysfunction.com
www.SacroiliacSurgery.com

COURSE DATES/LOCATION

* If you need additional information on course location and hotel, please all 770.297.1700 Monday through Friday 9: a.m. to 5:00 p.m. EST.